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6 DAYS SIRIMON ROUTE UP-CHOGORIA ROUTE DOWN WITH PEAK CIRCUIT



OVERVIEW

The Sirimon-Chogoria route with a peak circuit is a popular trekking option for hikers looking to summit Mount Kenya, the second-highest peak in Africa. This trek typically takes 6 days to complete, and it offers breathtaking views and diverse landscapes along the way.

DAY 1: NAIROBI TO SIRIMON GATE (2,600 METERS)

Depart from Nairobi early in the morning and drive to Nanyuki town. Proceed to the Sirimon Gate (2,600 meters), the starting point of the trek. Hike through the montane forest to Old Moses Camp (3,300 meters) where you'll spend the night.

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DAY 2: OLD MOSES CAMP TO SHIPTON CAMP (4,200 METERS)

After breakfast, continue your trek through the moorland and the Liki and Mackinder valleys. Reach Shipton Camp (4,200 meters), situated below Mount Kenya's towering peaks. Overnight at Shipton Camp.

DAY 3: ACCLIMATIZATION DAY AT SHIPTON CAMP

Spend the day at Shipton Camp for acclimatization and to explore the surroundings. You can take a short hike to Kami Hut or to Oblong and Hausberg Tarns to enhance your acclimatization process. Return to Shipton Camp for overnight.

DAY 4: SHIPTON'S CAMP TO AUSTRIAN HUT (4,790 METERS)

Start early in the morning and ascend to Point Lenana (4,985 meters). Enjoy the sunrise from the summit of Point Lenana. Descend to Austrian Hut for overnight stay.

DAY 5: AUSTRIAN HUT TO MERU MT. KENYA BANDAS (2,950 METERS)

Descend via the Gorges Valley. Pass through the beautiful Nithi Campsite. Arrive at Meru Mt. Kenya Bandas and set up camp for the night.

DAY 6: MERU MT. KENYA BANDAS TO CHOGORIA GATE (1,950 METERS)

Continue descending through the bamboo and montane forest. Finally, reach Chogoria Gate (2,950 meters), where you will be met by a vehicle. Drive back to Nairobi, which takes around 4-5 hours. Arrive in Nairobi in the afternoon.